



Empowering Healthy Families Program Church Team Roles & Job Descriptions

General Information

1) Identify volunteers from churches as soon as possible

- Coordinator
 - Recruit at least 10 families to participate in EHF
 - Need at least one parent or caregiver and one child age 6 to 11
 - Up to 2 parents or caregivers and all children ages 6 to 11 can participate
- Child educator for ages 6-8
- Child educator for ages 9-11
- Childcare provider for kids younger than 6

Job Description for Church Team

Church Program Coordinator

- *Work with Virginia Tech and Cooperative Extension staff to coordinate program*
 - Determine day/time for program and data collection sessions
 - Recruit families to participate in the program
 - Make sure that program and data collection sessions are on the church calendar and the church building is unlocked for the sessions
 - Check in on program sessions to be sure things are running smoothly
 - Be available to help solve any issues that come up during program sessions
- *Establish and co-lead a committee of congregation members who will complete CRCHA assessment of the church health environment and implement one small project to improve the church health environment*
 - EHF staff will assist with this
- *Work with 4H staff to identify possible opportunities for 4H involvement*
 - Identify whether any teen in the congregation are involved in 4H
 - Explore whether there is interest from teens in the congregation in becoming involved with 4H
 - Explore whether the church would be interested in hosting a 4H club
- If desired, participate in training for child education programs

Child Educators

- Work with Cooperative Extension Family Nutrition Program Agents to be trained to teach the child programs (both programs)
 - OrganWise Guys program for ages 6 to 8
 - Choose Health – Food, Fun and Fitness program for ages 9 to 11
- Teach the program for children for 9 weekly sessions
 - Will have help from university students, EHF staff, and teens as much as possible
- Work with older kids to help teach the program for children if any of them are trained by 4H to help with either program
- Complete curriculum trainings

Childcare Provider

- Provide childcare for children younger than 6 who attend the program with their families

The Coordinator, Educators, and Provider will have background checks completed by Baptist General Convention or Virginia Tech